

Advisory No. 017 , s. 2023

March 20, 2023

In compliance with DepEd Order (DO) No. 8, s. 2013
this advisory is issued not for endorsement per DO 28, s. 2001,
but only for the information of DepEd officials,
personnel/staff, as well as the concerned public.
(Visit www.depedbatangas.com)

**2023 LPU-BATANGAS REGIONAL INTER-HIGH SCHOOL ACADEMIC, SKILLS,
AND CULTURAL COMPETITIONS**

The Lyceum of the Philippines University - Batangas will conduct its 2023 Regional Inter-High School Academic, Skills and Cultural Competitions on April 1, 2023 (Saturday), 8:00 am to 5:00 pm at the Main Campus of LPU Batangas.

This event is organized for students to compete and give them a venue to showcase their intelligence, skills, and creativity in academics, cultural, and skills areas.

The target participants are junior and senior high school students.

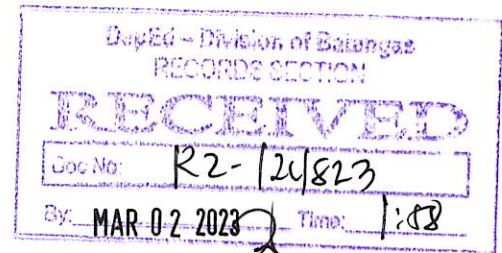
Participation of public and private schools shall be subject to the no-disruption-of-classes policy stipulated in DepEd Order No. 9, s. 2005 entitled “Instituting Measures to Increase Engaged Time-on-Task and Ensuring Compliance Therewith” and the no-collection policy as stated in Section 3 of Republic Act No. 5546, An Act Prohibiting the Sale of Tickets and/or the Collection of Contributions for Whatever Project or Purpose from Students and Teachers of Public and Private Schools, Colleges and Universities (Ganzon Law).

For more information, contact:

- Mr. Dickson P. Caringal
Overall Chairman, 2023 LPU-Batangas Regional Inter-High School Academic, Skills, and Cultural Competitions
Marketing and Communications Supervisor, LPU Batangas
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Mobile: 09952668471

February 27, 2023

DR. MERTHEL M. EVARDOME
Schools Division Superintendent
DepEd Division of Batangas City



Dear Dr. Evardome,

Greetings from the Lyceum of the Philippines University – Batangas!

LPU-Batangas will conduct the annual LPU-Batangas Inter-High School Academic, Skills and Cultural Competitions, this time Region-wide. This annual event is organized for Junior and Senior High School students to compete, and give them a venue to showcase their intelligence, skills, and creativity in academics, cultural, and skills areas.


We hereby humbly seek your endorsement that you may allow us to invite the Junior and Senior High Schools under your division to take part in this exciting activity. This event will happen on April 1, 2023, Saturday, 8:00 am to 5:00 pm at the Main Campus of LPU-Batangas.

Attached herewith is the official invitation with the list of contests and their corresponding prizes, general guidelines, and mechanics per contest that we will send to respective schools.

We look forward to your favorable response to this request. Thank you very much, and more power to you and your team.

Veritas et Fortitudo, Pro Deo et Patria!

Respectfully yours,



MR. DICKSON P. CARINGAL, MBA
Overall Chairman, 2023 LPU-Batangas Regional Inter-High School Academic,
Skills, and Cultural Competitions
Marketing and Communications Supervisor, LPU-Batangas

Noted by:



DR. MARIBETH G. BUENVIAJE
Executive Director
Strategic Communication, Linkages, & International Affairs



LPU
BATANGAS
REGIONAL
INTER-HIGH SCHOOL
ACADEMIC,
SKILLS AND
CULTURAL
COMPETITIONS
2023



February 27, 2023

The Principal

Dear Sir / Madam,

Greetings!

In line with the vision and mission of the Lyceum of the Philippines University Batangas, we are always committed to opening avenues for the students to closely associate with the students from other schools through interaction and friendly competition while showcasing their critical thinking, passion, and creativity may it be in academics, skills, or cultural.

In pursuit of this commitment, it is with immense pleasure that LPU-Batangas invites your school and students to participate in the **2023 LPU-Batangas Regional Inter-High School Academic, Skills, and Cultural Competitions** on **April 1, 2023, Saturday, face-to-face**.

Enclosed herewith are the guidelines and mechanics along with other relevant details of the competition. The said competitions have fourteen (14) categories to compete upon which are as follows:

ACADEMIC COMPETITIONS:

1. Essay Writing
2. Extemporaneous Speech
3. General Information Quiz Bee
4. Spelling Bee
5. Spoken Poetry
6. Oration
7. Information Technology (IT) Quiz Bee

SKILLS COMPETITIONS:

8. Poster Making
9. Tour Guiding
10. Kapeng Barako Dessert Challenge

CULTURAL COMPETITIONS:

11. Vocal Solo
12. HipHop Dance
13. Dance Sport
14. Mr. & Miss Teen LPU 2023

Winners for the Essay Writing will receive these prizes:

First Placer P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Extemporaneous Speech will receive these prizes:

First Placer P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the General Information Quiz Bee will receive these prizes:

First Placer P7, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer P5, 000 (cash), silver medal, tarpaulin, certificate
Third Placer P3, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Spelling Bee will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Spoken Poetry will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Oration will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Information Technology Quiz Bee will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Vocal Solo will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the HipHop Dance will receive these prizes:

First Placer	P8, 000 (cash), certificate, tarpaulin, and a trophy for the school
Second Placer	P6, 000 (cash), certificate, tarpaulin, and a trophy for the school
Third Placer	P4, 000 (cash), certificate, tarpaulin, and a trophy for the school

Winners for the Dance Sport will receive these prizes:

First Placer	P7, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P5, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P3, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Mr. and Miss Teen LPU 2023 will receive these prizes:

Mr. & Miss Teen LPU	P8, 000 (cash), certificate, tarpaulin, and a trophy for the school
First Runners Up	P6, 000 (cash), certificate, tarpaulin, and a trophy for the school
Second Runners Up	P4, 000 (cash), certificate, tarpaulin, and a trophy for the school
Third Runners Up	P2, 000 (cash), certificate, tarpaulin, and a trophy for the school
Fourth Runners Up	P2, 000 (cash), certificate, tarpaulin, and a trophy for the school

Winners for the Poster Making will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Tour Guiding will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Winners for the Kapeng Barako Dessert Challenge will receive these prizes:

First Placer	P5, 000 (cash), gold medal, certificate, tarpaulin, and a trophy for the school
Second Placer	P3, 000 (cash), silver medal, tarpaulin, certificate
Third Placer	P2, 000 (cash), bronze medal, tarpaulin, certificate

Overall Top Performing Schools will also receive the following prizes:

Top 1 Overall Top Performing School: Php20, 000.00 (cash), tarpaulin, and a trophy, and the most coveted IHSC OVERALL CHAMPION roving Trophy

Top 2 Overall Top Performing School: Php15, 000.00 (cash), tarpaulin, and a trophy

Top 3 Overall Top Performing School: Php10, 000.00 (cash), tarpaulin, and a trophy

We are looking forward to having your school as one of our participants in this momentous event.

Thank you very much! God bless!

Sincerely,



Mr. Dickson P. Caringal, MBA

Overall Chairman, 2023 LPU-Batangas Regional Inter-High School Academic, Skills, and Cultural Competitions
Marketing and Communications Supervisor, LPU-Batangas

Noted by:



Dr. Maribeth G. Buenviaje

Executive Director, SLIA LPU Batangas

GENERAL GUIDELINES

1. This year's general theme is "LPU-B at 56: Bolstering Industry Driven World-Class Education." However, the specific theme for some individual categories shall be given on the spot during the contest proper.
2. All contests will be done **face-to-face** on April 1, 2023, Saturday, 8:00 am to 5:00 pm at LPU-Batangas Main Campus, Capitol Site, Batangas City.
3. The competition is open to all bona fide **Grades 9-12 students (unless specified)** of private and public high schools in the Provinces of Batangas, Occidental Mindoro, Oriental Mindoro, and Quezon.
4. Each school shall send only **one (1) contestant or team** for each category.
5. High Schools with Day Class, Night Class, Open High School, Science Class, and/or BEC class under one official school name may send contestants to represent each class **provided that they have different administrators/principals.**
6. A contestant may join a **maximum of two (2) contests**, provided that the said contests **are not simultaneous.**
7. The contestants shall be in **CASUAL ATTIRE** (unless specified) to avoid school identification. No School ID shall be worn.
8. Each contestant shall be at the venue at least thirty minutes (30) minutes before the contest. General Registration will begin at 7:00 am.
9. Contests are from 8:00 am to 5:00 pm. There may be changes without prior notice. Contest venues shall be posted at the Arsenio "Dodjie" Laurel Sports Arena and in other strategic areas of the university. Marshalls will be available for assistance.

Contest	Time	Venue
1. Essay Writing	8:00 AM	MAC Lab., 2/F, SHL Building
2. Extemporaneous Speech	8:00 AM	Case Room, 2/F, SHL Building
3. General Information Quiz Bee	8:00 AM	Freedom Hall, 4/F, SHL Building
4. Spelling Bee	Right after the General Information Quiz Bee	Freedom Hall, 4/F, SHL Building
5. Spoken Poetry	Right after the IT Quiz Bee	Multimedia Room, 3/F, SHL Building
6. Oration	8:00 AM	Academic Center, 2/F, SHL Building
7. IT Quiz Bee	8:00 AM	Multimedia Room, 3/F, SHL Building
8. Vocal Solo	1:00 PM	Arsenio "Dodjie" Laurel Sports Arena
9. HipHop Dance	Right after the Dance Sport	Arsenio "Dodjie" Laurel Sports Arena
10. Dance Sport	8:00 AM	Arsenio "Dodjie" Laurel Sports Arena
11. Mr. and Miss Teen LPU 2023	1:00 PM	Arsenio "Dodjie" Laurel Sports Arena
12. Poster Making	8:00 AM	SHLLRC (Library, 3/F, SHL Building)

13. Tour Guiding	8:00 AM	Le Café, UG/F, SHL Building
14. Kapeng Barako Dessert Challenge	8:00 AM	Hot & Cold Kitchen, L/G, SHL Building

10. The points, to determine the Overall Top Performing schools, for all the categories shall be: 7pts - 1st place, 5pts - 2nd place, 3pts - 3rd place, 1pt – participation, will be tallied. The top 3 schools to accumulate the highest scores will be proclaimed **1st, 2nd, and 3rd OVERALL TOP PERFORMING SCHOOLS**, respectively
11. Previous champions (1st Placer) of the individual categories shall not be allowed to join the same category; runners-up are permitted.
12. The decision of the judges/arbiters is final and irrevocable.
13. The awarding of all contest winners shall be conducted at the Arsenio “Dodjie” Laurel Sports Arena after the Mr. and Miss Teen LPU 2023 pageant.
14. **Deadline for the CONFIRMATION OF SCHOOL’S PARTICIPATION is on March 20, 2023 (Monday), 5:00 pm.** Kindly submit your confirmation via email to lpubslia@lpubatangas.edu.ph with the subject: **IHSC 2023 CONFIRMATION _ SCHOOL NAME**, or you may personally submit your confirmation at SLIA Office, Room 101, SHL Building, LPU-B Main Campus.
However, some contests may have different deadlines for sending of entries. Please refer to the individual guidelines.
15. For inquiries, you may reach us through these numbers:
Landline: (043) 723-7370 / (043) 723-0706 loc. 105-106
Mobile: 0995 266 8471

For your information and guidance.

Thank you very much.

CONFIRMATION SHEET

Name of School _____

Address _____

Contact No./s _____

Contact Person _____

Contact No./s (Landline and Mobile) _____

Email _____

Note: Please write the names in print

CONTEST	JOINING OR NOT JOINING	NAME OF CONTESTANT
1. Essay Writing		
2. Extemporaneous Speech		
3. General Information Quiz Bee		
4. Spelling Bee		
5. Spoken Poetry		
6. Oration		
7. Information Technology Quiz Bee		
8. Vocal Solo		
9. HipHop Dance		
10. Dance Sport		
11. Mr. Teen LPU 2023		
12. Miss Teen LPU 2023		
13. Poster Making		
14. Tour Guiding		
15. Kapeng Barako Dessert Challenge		

This is to certify that the above-mentioned name/s is /are bona fide student/s of our school.

Signature over printed name
Designation/ Date

ESSAY WRITING

GUIDELINES

1. The competition is open to **Grades 9-12** students of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro, and Quezon.
2. Only **one (1) contestant per school** shall be allowed.
3. Previous champion (1st Placer) of this category shall not be allowed to join; runners-up are permitted.
4. With an iMac computer to be provided by the contest committee, the contestant shall be writing an ORIGINAL composition in English for one (1) hour only. Arial Font, size 12 shall be used. The topic which revolves around this year's theme, "Bolstering Industry-Driven World-Class Education," shall be given on the spot.

Criteria for Judging

Originality	30%
Content and relevance to the theme	40%
Mechanics (<i>Grammar, Use of Punctuations, Spelling, Capitalization, and Organization of Thoughts</i>)	30%
TOTAL	100%

Note: Please also refer to the General Guidelines.

EXTEMPORANEOUS SPEECH

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro, and Quezon.
2. Only **one (1) contestant per school** is allowed.
3. Previous champion (1st Placer) of this category shall not be allowed to join; runners-up are permitted.
4. The photo to be discussed shall be flashed on screen.
5. The contestant shall be given **2 minutes** to prepare and **3-5 minutes** to deliver.
6. Speeches shall be delivered in **English**.
7. The style of the delivery shall be conversational, oratorical, or a combination of both.
8. The contestant should come in **smart business attire**.
9. The top 3 contestants who incurred the highest scores shall be proclaimed 1st, 2nd, and 3rd respectively.

Criteria for Judging

CONTENT (The discussion has substance and meaning.)	40%
ORGANIZATION (There is a smooth flow and ideas are organized.)	30%
DELIVERY (The speaker manifests proper enunciation, pronunciation, juncture, stress, and phrasing.)	20%
STAGE PRESENTATION (The speaker exudes confidence, authority, and enthusiasm that entice the audience.)	10%
TOTAL	100%

Note: Please refer also to the General Guidelines.

GENERAL INFORMATION QUIZ BEE

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro, and Quezon. Each school is allowed to send only one (1) group which shall be composed of two (2) members.
2. Prepared questions for the quiz shall be taken from the areas of Literature and Humanities, Philippine and World History, Algebra, Trigonometry, Geometry, Business Math, Statistics, Physics, Chemistry, and Biology.
3. Contestants **SHALL PROVIDE THEIR OWN SCIENTIFIC CALCULATORS** for the contest.
4. Scores shall be cumulative.
5. The contest shall be in three (3) rounds:
 - a. **First Round (Easy Round)**. There shall be twenty (20) questions for this round and each correct answer shall earn one (1) point.
 - b. **Second Round (Average Round)**. There shall be ten (10) questions for this round and each correct answer shall earn two (2) points.
 - c. **Third and Final Round (Difficult Round)**. There shall be five (5) questions for this round and each correct answer shall earn three (3) points.
First, Second, and Third Prize Winners shall be based on the top three (3) teams that shall earn the highest scores.
6. Clincher questions shall be given in case of a tie to determine who shall advance to the next round and to decide the winners.
7. Each question shall be read by the Quiz Master twice. Contestants shall be given twenty (20) seconds to write their answer. The bell ringer shall signal the end of the time for writing the answer and the Quiz Master shall give the correct answer for checking.
8. Points for correct answers shall be tallied on the board.
9. Protests can only be raised by the coach/trainer and shall only be done before the next question is read. Protests should be supported by written materials of national publication such as books, magazines and newspapers only. The Panel of Arbiters with the Chair of the Contest shall decide on the protest. The decision of the Panel of Arbiters is final.
10. Coaching during the contest is not allowed and shall be a ground for the disqualification of the team.

Note: Please also refer to the General Guidelines

SPELLING BEE

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) contestant** per school is allowed.
3. Previous champion (1st Placer) of this category shall not be allowed to join; runners-up are permitted.
4. The spelling bee shall have three rounds – **Easy, Average, and Difficult**. Each word is worth **1 point** for the **Easy round**, **2 points** for the **Average round**, and **3 points** for the **difficult round**.
5. The Scoring is cumulative. There will be no elimination on the Easy and Average rounds and all scores gained shall be counted until the end.
6. At the end of the Difficult round, the three (3) highest scorers shall be declared 1st, 2nd, and 3rd Best Spellers.
7. The quizmaster shall define and read each word to be spelled twice. Contestants shall be given twenty (20) seconds to write the word. The bell ringer shall signal the end of the time for writing. The quizmaster shall give the correct spelling which shall also be flashed on the screen.
8. Clinchers shall be given in case of a tie to determine the rank.
9. Any question relating to the spelling of a word can only be raised by the coach/trainer before the next question is read. Protests must be supported by written materials of national publication such as books, magazines, and newspapers only. The Panel of Arbiters with the Chair of the contest shall decide on the protest. The decision of the Panel of Arbiters is final.
10. Only the definition with the pronunciation (or alternative pronunciations if there are any) based on the International Phonetic Alphabet or IPA will be given. The etymology of the words to be spelled will not be mentioned by the Pronouncer.
11. Coaching during the contest is not allowed and shall be a ground for disqualification of the contestant.

Note: Please also refer to the General Guidelines.

SPOKEN POETRY

GUIDELINES

1. The competition is open to **Grades 9 to 12 students** of all public and private high schools in Batangas, Oriental Mindoro, Occidental Mindoro and Quezon Provinces.
2. Each school is only allowed to send **one (1) participant**.
3. Previous champion (1st Placer) of this category shall not be allowed to join; runners-up are permitted.
4. The spoken poetry can be delivered in either Filipino, English, or "Taglish."
5. The contestant should make a poem discussing this year's theme, **"LPU-B at 56: Bolstering Industry-Driven World-Class Education."**
6. The piece should not contain messages or lines that may be considered vulgar or inappropriate.
7. Each piece must be an original work of the contestant and must be owned exclusively by the contestant.
8. The piece must be at least three (3) minutes and maximum of five (5) minutes long.
9. A soft copy of the piece must be sent, together with the school's official confirmation entry, **on or before March 20, 2023 (Monday), 5:00 pm.**
10. There shall be three (3) winners in this contest: 1st, 2nd, and 3rd.
11. The decision of the judges is final and irrevocable.

Criteria for Judging:

Content	30%
Originality	30%
Voice Quality	20%
Delivery	10%
Overall Appeal	10%
TOTAL	100%

Note: Please also refer to the General Guidelines

ORATION

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) contestant per school** is allowed.
3. The contestant must write his/her own contest piece inclined with this year's theme, **"LPU-B at 56: Bolstering Industry Driven World-Class Education."**
4. The contest piece must be original and must be written and delivered in English.
5. The piece must be delivered within the 5-minute maximum time frame.
6. A copy of the contest piece must be submitted electronically to lpubslia@lpubatangas.edu.ph **on or before March 22, 2023, 5:00 pm**. All entries must be submitted in the following filename format: SCHOOL NAME_Oratorical_Full Last Name & First Name of Contestant. (ex: LPUBATANGAS_Oratorical_DelaCruzMila); or you may personally submit your entry at the SLIA Office, Room 101, SHL Building, LPU-B Main Campus. The piece must be typewritten or computerized, double spaced in standard bond sheets and following the format: arial font, size 12. Late submission of the contest piece is a ground for disqualification.
7. There shall be three (3) winners in this contest: 1st, 2nd, and 3rd placers.
8. The decision of the judges is final and irrevocable.

Criteria for Judging

Content	35%
<ol style="list-style-type: none"> a. <i>Original thought that is linked with the theme and is suited to the speaker</i> b. <i>Comprehensiveness</i> c. <i>Orderly development and organization of thought in writing, coherence, and reaching a definite conclusion</i> 	
Pronunciation & Enunciation	30%
<ol style="list-style-type: none"> a. <i>Articulation of vowels and consonants, Stress, intonation, phrasing</i> 	
Diction	10%
<ol style="list-style-type: none"> a. <i>Language must be clear, simple, and forceful</i> 	
Delivery	15%
<ol style="list-style-type: none"> a. <i>Distinct, pleasing and intelligent use of voice, Physical poise, movement and gesture, and interactive attitude, contact with the audience</i> 	
Overall Impact	10%
TOTAL	100%

Note: Please also refer to the General Guidelines.



INFORMATION TECHNOLOGY (IT) QUIZ BEE

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) contestant per school** is allowed.
3. Prepared questions for the quiz shall be taken from the history, concept, applications and current trends on Information Technology.
4. The contest shall be in three (3) rounds:
 - d. **First Round (Easy Round)**. There shall be twenty (20) questions for this round and each correct answer shall be given one (1) point.
 - e. **Second Round (Average Round)**. Ten (10) questions shall be given to the contestants. Each correct answer shall be given two (2) points.
 - f. **Third and Final Round (Difficult Round)**. There shall be five (5) questions for this round. Each correct answer shall be given three (3) points.
First, Second, and Third Prize Winners shall be based on the top three (3) individuals who shall get the highest scores.
5. Scores shall be cumulative.
6. Clincher questions shall be given in case of a tie to determine who shall advance to the next round and to decide the winners.
7. Each question shall be read by the Quiz Master twice. Contestants shall be given a minimum of twenty (20) seconds to write their answer. The bell ringer shall signal the end of the time for writing the answer and the Quiz Master shall give the correct answer for checking.
8. Points for correct answers shall be tallied manually and electronically projected through LCD.
9. Protests can only be raised by the coach/trainer and shall only be done before the next question is read. Protests should be supported by written materials of national publication such as books, magazines, newspapers, etc. The Panel of Arbiters with the Chair of the Contest shall decide on the protest. The decision of the Panel of Arbiters is final.
10. Coaching during the contest is not allowed and shall be a ground for the disqualification of the contestant.

Note: Please also refer to the General Guidelines

VOCAL SOLO

GUIDELINES

PRELIMINARY ROUND

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) contestant per school** is allowed.
3. Each contestant shall send a 1-minute acapella song video performance in any genre, OPM or foreign, either English or Filipino, as their entry for the preliminary round. Song video entries shall be sent electronically to lpubslia@lpubatangas.edu.ph on or before **March 22, 2023, 5:00 pm**. All video entries must be submitted in the following filename format: SCHOOL NAME_Vocal Solo_Full Last Name & First Name of Contestant. (ex: LPUBATANGAS_Vocal Solo_DelaCruzMila). Make sure to set the settings "public" for the organizers to access the file.
4. The video performance should be in HD format taken from any device such as mobile phone, SLR camera and other platforms such as Zoom and Microsoft Teams saved in either MPEG, MP4, MOV, or AVI formats. Video should be taken in landscape orientation, in a noise-free setting and against a solid light-colored background. Editing of video and audio or any alteration on filters is strictly not allowed.
5. The following are disqualified to join the competition:
 - a. Regional or national winners of similar contests
 - b. Professional singers (those paid for their services as singers)
 - c. Previous champion (1st Placer last year) of this category shall not be allowed to join; runners-up are permitted.
6. From the submitted song videos, top ten (10) finalists will be selected to compete for the live face-to-face final round which shall be incorporated into the Mr. & Miss Teen LPU 2023 pageant.
7. The first ten (10) who shall get the highest scores during the preliminary round shall move on to the final round of the competition. The (10) ten finalists will be notified thru email and call on **March 24, 2023**.

FINAL ROUND

1. The competition will be among the TEN (10) finalists who were selected during the Preliminary Round.
2. The finalist shall only make use of an official soundtrack of a local Philippine movie as the contest piece.

3. The finalist shall only use MP3 minus one saved in a USB flash drive.
4. The finalist must be at the venue thirty (30) minutes before the contest for sound checking; and draw lots of official contestant number.
5. There shall be one representative of the finalist at the technical booth during the playback of music during the performance to guide the technical people, and with back-up music file on hand to avoid potential delays.
6. The finalist shall be given a maximum time of five (5) minutes for his/her performance.
7. The finalists are strictly required to be in **formal attire** during his/her performance in the final round.
8. The decision of the board of judges is final and irrevocable.

Criteria for Judging (Qualifying and Final Round):

Voice (Tonality, Blending and Techniques)	50%
Style and Performance (Rendition qualities, discipline, timing and precision, delivery & interpretation, appropriateness of staging of the song)	40%
Stage Presence	10%
TOTAL	100%

Note: Please also refer to the General Guidelines.

HIPHOP DANCE

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. A **minimum of six (6) and a maximum of ten (10) members** shall be allowed for each performing group.
3. Only one (1) group per school is allowed.
4. The routine should be in the context of HipHop Dance (including locking, popping, krumping, stepping, breakdance, waacking, tutting, voguing and party dances)
5. Each group is given a **minimum of three (3) minutes and a maximum of five (5) minutes** for their routine.
6. The finalist shall only use music in CD or USB flash drive. Cassette tapes (minus- one or multiplex), Videoke CDs and mobile phones are strictly not allowed.
7. The minus-one CD shall be properly labeled prior to submission to the technical booth. The same shall be sound checked thirty (30) minutes before the start of the program to ensure sound quality.
8. The routine shall make use of **Korean Pop (K-Pop) music only**. Medley of several songs is allowed. No vulgarity, obscenity, explicit contents are allowed.
9. The group has a free choice of costume provided it is under the context of HipHop style/fashion. Removing pieces of clothing during the performance is permitted provided it is not offensive or out of character.
10. Body/face oils or paints/other substances applied to the body or clothing that may affect the clean dry surface of the stage and the safety of fellow competitors **are prohibited**.
11. The routine is allowed to make use of light hand props. Large props and set designs are **strictly prohibited**.
12. The use of pyrotechnic gadgets, sharp and pointed materials, smoke or combustible material as props are **also not allowed**.
13. The decision of the board of judges is final and irrevocable.

Criteria for Judging:

Choreography & Creativity	25%
Mastery & Execution	25%
Blocking & Synchronization	25%
Stage Presence & Impact	15%
Costume	10%
TOTAL	100%

Note: Please also refer to the General Guidelines.

DANCE SPORT

GUIDELINES

1. The competition is open to **Grades 7-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) pair of participants per school** is allowed.
3. The competition will only be focusing on one category – **“Junior Latin.”**
4. There are two (2) rounds of the competition.
 - The Junior Latin Single (ChaChaCha, Rumba, and Jive) round which will serve as the preliminary round;
 - And Junior Latin Category C (ChaChaCha/ Rumba/ Jive) which is the final round.
 - For the preliminary round, only the **Top 8 pairs** with the highest scores will qualify for the final round.
5. All choreographies in all dances are open choreographies.
6. Lifts are not permitted. A lift is any movement during which one member of a couple has both feet off the floor with the assistance of the partner.
7. The chairman of the panel of judges may disqualify couples who perform lifts during the competition.
8. Each pair shall wear appropriate costume and footwear. They may opt to change their costume for the final round but costume changes or additional use of accessories or colors during the performance proper shall not be allowed.
9. Judges will use the ranking system in judging the couples and will be based on the following: posture, timing, line, hold, poise, togetherness, musicality and expression, presentation, power, foot and leg action, shape, lead and follow, floor craft and intangibles.
10. The decision of the judges is final and irrevocable.

Note: Please also refer to the **General Guidelines**.

Mr. and Miss Teen LPU 2023

GUIDELINES

1. The competition is open for all bona fide **Grades 9-12** students all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Each high school may field only **one (1) pair** of candidates.
3. Judging shall be individual not by pair.
4. The candidate must possess a very pleasing personality and must be of good moral character.

PRELIMINARY ROUND

5. The candidate must submit the following electronically to lpubslia@lpubatangas.edu.ph on or before **March 20, 2023, 5:00 pm** or you may personally submit your confirmation at SLIA Office, Room 101, SHL Building, LPU-B Main Campus.
 - a. **Accomplished Information Sheet**
 - b. **Photocopy of the school registration/enrolment form of the current school year**
 - c. **Headshot photos**
 - i. Two (2) shots taken in different angles
 - d. **Introduction with Pasarela Video (maximum of 60 seconds)**
 - i. Full name, age, and high school being represented
 - ii. Must be in smart casual attire
 - e. **"I Love My School" video (maximum of 60 seconds)**
 - i. Promote your own school
 - ii. Must appear in parts of the video in proper school uniform
- All requirements must be submitted in the following filename format:
SCHOOL NAME_MMML_Full Last Name & First Name of Contestant
(ex: LPUBATANGAS_MMML_DelaCruzMila)
 - The video requirements should be in HD format taken from any device such as mobile phone, SLR camera and other platforms such as Zoom and Microsoft Teams (MT), saved in either MPEG, MP4, MOV, or AVI formats. Video should be taken in landscape orientation, in a noise-free setting and against a solid light-colored background. Editing of video and audio or any alteration on filters is not allowed.



1. The competition will be among the **top ten (10) boys and top ten (10) girls** who were selected during the Preliminary Round.
2. The candidate must prepare the following for the final round of competition:
 - a. Theme Wear – “K-Pop Fashion”
 - b. Proper School Uniform
 - c. Evening Gown (Miss Teen) / Formal Wear (Mr. Teen)
3. Only two (2) assistants shall be allowed to accompany the candidate at the backstage/ dressing room during the pageant. Each candidate is expected to bring their own accessories and other equipment needed including extension cords, adaptors, etc. Assistants **MUST** seek an official ID Pass from the organizers. Only those with Official ID Pass shall be allowed to enter the backstage for the security of the contestants and their belongings.
4. Rehearsals will start at 8am. Numbering shall be done during the rehearsals.
5. Handlers/Assistants are not allowed during the rehearsals.
6. **Top five (5) finalists for both boys and girls** shall move forward to the final interview round.
7. The decision of the board of judges is final and irrevocable.

Criteria for Judging

(PRELIMINARY ROUND)

Beauty/Grooming (Headshot)	25%
Demeanor (Introduction & Pasarela Video) <i>(Confidence, Appearance, Style, Impact)</i>	35%
Overall Presentation (“I Love My School” video) <i>(Creativity, Content and Storyline, Execution)</i>	40%
TOTAL	100%

(QUALIFYING ROUND – TOP 10 finalists)

Theme Wear	30%
School Uniform	20%
Evening Gown/Formal Wear	50%
TOTAL	100%

(FINAL INTERVIEW ROUND – TOP 5 finalists)

Performance from the Qualifying Round	20%
Final Interview	50%
Overall impression	30%
TOTAL	100%

Note: Please also refer to the General Guidelines.

POSTER MAKING

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) contestant per school** is allowed.
3. Previous champion (1st Placer) of this category shall not be allowed to join; runners-up are permitted.
4. The theme for this year's competition **shall be given on the spot** which may or may not be related to the general theme.
5. The contestant shall provide his/ her own materials for the contest (**1/4 illustration board, crayons or pastel and/or markers, ONLY**).
6. The contestants shall be given **three (3) hours** to finish their posters and shall not exceed the time frame.
7. There shall be three (3) winners in this contest: 1st, 2nd, and 3rd placers.
8. The decision of the judges is final and irrevocable.

Criteria for Judging:

Relevance to the Theme	30%
Creativity	35%
Medium Expertise (synchronization, balance and proportion, choice of order)	10%
Originality	10%
Visual Impact	<u>15%</u>
Total	100%

Note: Please also refer to the General Guidelines.

TOUR GUIDING COMPETITION GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) contestant** per school shall be allowed.
3. The theme for this category is **"Travel Back in Time"** with **Intramuros** as the main subject of the competition.
4. The participant must research the following prominent Intramuros tourist attractions.
 - San Agustin Church, Manila
 - Fort Santiago
 - Manila Cathedral
 - Plaza de Roma
 - San Agustin Church
 - Casa Manila
 - Puerta Real Gardens
 - NCCA Gallery
 - Baluarte de San Diego
 - Philippine Presidents' Murals
 - Cuartel de Sta. Lucia
 - Ayuntamiento de Manila
 - Intramuros and Rizal Bagumbayan Light and Sound Museum
 - Fr. George J. Willman, SJ Museum
 - Bahay Tsinoy
 - Palacio del Gobernador
 - Plazuela de Santa Isabel
5. Three (3) photos, from the above listed attractions, shall be displayed on the screen, and the participant must be able to describe them to the tourists (judges).
6. Each participant shall be given a minimum of (3) minutes and a maximum of (5) minutes for his/her presentation including his/her introduction and closing spiels.
7. If the participant exceeds the time allotted for the presentation, one (1) point will be deducted for every minute exceeded.
8. The participant must be dressed appropriately as a tour guide and must have all the relevant props for his/her presentation. Nothing about the attire should reveal the name and logo of the school being represented.
9. The presentation must be delivered in English. However, greetings and/or closing spiels may include different dialects or native words or phrases.
10. A virtual orientation shall be conducted before the conduct of the competition. Details of the said orientation shall be communicated to the participants via the contact details indicated in the confirmation sheet. Failure to attend the said orientation shall mean disqualification of the participant.
11. There shall be three (3) winners in this contest: 1st, 2nd, and 3rd.
12. The decision of the judges is final and irrevocable.

For reference, you may watch sample videos using these links:

https://drive.google.com/file/d/1phDnjXZ_-X5calzbaMtOOCKUmelihCYfd/view

https://drive.google.com/file/d/1phDnjXZ_-X5calzbaMtOOCKUmelihCYfd/view

Criteria for Judging:

Content/Tour Commentary <i>Knowledge of the destination/attraction and authenticity of information provided</i>	50 points
Communication Skills <i>Tone and quality of voice; overall projection and language nuances.</i>	40 points
Appropriateness of Attire, Confidence, Virtual Presence	10 points
TOTAL	100 POINTS

Note: Please refer also to the General Guidelines

KAPENG BARAKO DESSERT CHALLENGE

GUIDELINES

1. The competition is open to **Grades 9-12 students** of all public and private high schools in the provinces of Batangas, Oriental Mindoro, Occidental Mindoro and Quezon.
2. Only **one (1) team with 2 members per school** is allowed.
3. Each team will be tasked to prepare, cook, and plate/present a hot or cold **KAPENG BARAKO-INSPIRED dessert**, on the spot, for two (2) hours.
4. The dessert must be good for two (2) persons, plated individually, one for display and one for judge's tasting. Set up of the display will not be part of the judging. Only plated dessert will be judged.
5. All ingredients (main and supplementary) shall be provided by the participants. Only ingredients in the submitted recipes will be allowed to be brought in the competition area.
6. Five (5) copies of the recipe must be submitted to the organizers before the start of the competition. These will also serve as basis of judging. Recipes should be written in the official recipe form. Each recipe should be good for two (2) persons and should stipulate ingredients, quantity (in metric form) and method of cooking. Five (5) percent allowance or buffer is allowed.
7. Pre-prepared/chopped *mise en place* is allowed but must not be cooked. Dessert sauces must be prepared on the spot.
8. Participants must bring their own cooking utensils (pots, pans, etc.) and other small equipment (blender, mixer, etc.), adaptor, and extension cords, if needed.
9. Participants must provide their own wares/plates. Any color is accepted but there should be no logo, name or marks to identify the school being represented.
10. Participants will be provided with own work place with four-glass burner and a work area with sink. A common chiller and freezer will also be provided.
11. Participants must register at least thirty (30) minutes before the start of the competition.
12. All ingredients and equipment of the participating teams must be within the designated competition area before the start of the competition.
13. All teams must leave the work stations in a neat and tidy condition. This is part of the judging criteria.
14. The organizers reserve the right to use the submitted entry recipes for promotional and other purposes.

Criteria for Judging

Mise en place and orderly working area

Handling and arrangement of all materials and tools, wastage and
Economical factors, safety and hygiene, utilization of resources

0-20 points

Correct Preparation

Handling and arrangement of all materials and tools, wastage and
economical factors, safety and hygiene, utilization of resources

0-20 points

Practical, up-to-date presentation

Choice of garnishes and ingredients to achieve balance in presentation
and taste. Creativity, originality, portion size as well as practicability

0-20 points

Taste

Appropriate temperature of ingredients as defined. Proper seasoning
and taste, overall taste, impression of the dish, distinct and well-defined
flavors

0-40 points

TOTAL POSSIBLE POINTS

100 points

Note: Please refer also to the General Guidelines.

